



Countrybliss

Relaxation & Wellness Day Spa

BOOKING SHEET

Date of booking:	Y	Y	Y	Y	/	M	M	/	D	D	Reference Number:		
Surname:													
First Names:													
Date of Birth:	Y	Y	Y	Y	/	M	M	/	D	D	Gender	M	F
CONTACT DETAILS:													
Telephone (W)											(H)		
(C)													
Physical Address:													
E-mail Address:													
Package:	Full Day Package	Half Day Package A.M.	Half Day Package P.M.										

Have you been to COUNTRY BLISS previously?	Y	N	Do you wear spectacles and/or contact lenses ?	Y	N
How did you hear about us?					
Dietary requirements: <small>(Halaal/ Vegetarian, etc.)</small>					
Are you pregnant/ lactating ?					

MEDICAL HISTORY:					
Allergies (Specify below)	Y	N	Migrane / Headache	Y	N
Cancer	Y	N	Spinal Injury	Y	N
Diabetes	Y	N	Surgery (less than six months ago)	Y	N
Epilepsy	Y	N	Surgery (more than six months ago)	Y	N
Heart Disease	Y	N	Tension	Y	N
Hormone Imbalance	Y	N	Thrombosis	Y	N
Hypertension	Y	N	Thyroid disease	Y	N
Hysterectomy	Y	N	Varicose veins	Y	N

Pressure of massage preferred	LIGHT		MEDIUM		HARD	
Gown Size:	SMALL	MEDIUM	LARGE	X-LARGE	XX-LARGE	

- Kindly note that all information supplied is true and correct.
- Please sign below and fax back with proof of payment quoting your reference number.
- The payment and booking form must be received by COUNTRY BLISS within 24 hours to confirm your booking.
- Once received a booking confirmation number will be allocated to you to validate your booking.
- Clients are kindly requested to bring along a tracksuit pants for winter months and an extra set of underwear.

I, (full name/(s) have read all the information supplied and hereby agree and accept.

Client's Signature:

Date:

PAYMENT METHOD	BANKING DETAILS
1. Electronic Fund Transfer (EFT) OR Internet Payment (Please E-mail deposit slip) 2. CASH DEPOSITS AS WELL AS ATM DEPOSITS (Please ADD ON 5% of total for Bank Charges) (Please E-mail deposit slip)	Bank: Standard Bank Branch: Meyerton Branch Code: 014537 Account No.: 421754427 Account Name: Country Bliss

THANK YOU FOR CHOOSING US TO PAMPER YOU ...